



**World Autism
Awareness**

United States | Canada | United Kingdom | Australia | **Hong Kong** | Korea | Singapore | Philippines | Kuwait | Beijing

4th April 2021

Autisme dan Pendidikan: Mempersiapkan Individu menuju Masa Dewasa

Autism and Education: Preparing for Adulthood

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15+ Classroom





Transisi

Ruma
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Membuat
keputusan

Sosial

Masa

Teman

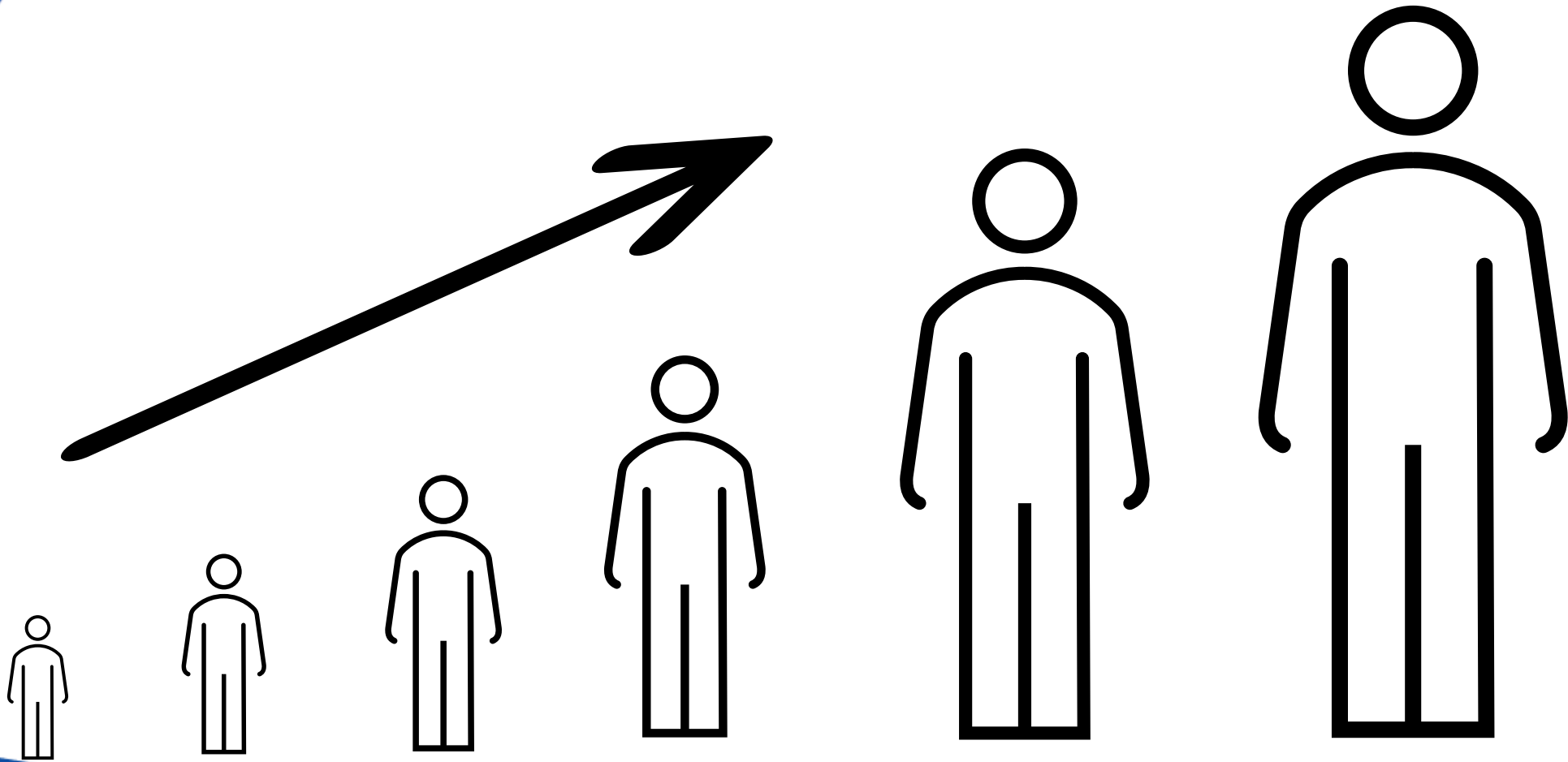
Dewasa

Pekerjaan

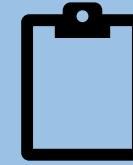
Aktivitas
akhir pekan

Stress

Masa Dewasa



Survey Result:



1. Independent living skills
2. Social and communication skills
3. Vocational skills

Hasil Survey

1. Kemampuan Hidup Mandiri
2. Kemampuan Sosial dan Komunikasi
3. Kemampuan Vokasi

Independent Living Skills



Social & Communication Skills



Vocational Skills



Transisi Mulus menuju Kedewasaan

1. Menerima intervensi yang intensif sedini mungkin
2. Perencanaan dini
3. Mempersiapkan tujuan yang mudah dicapai dan bermakna
4. Libatkan individu dengan ASD dalam proses pembuatan tujuan intervensi
5. Ajari hard skills dan soft skills



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Hard Skills	Soft skills
Pre-employment Skills • Building Portfolio • Job Search & Interview Skills • Project-based learning & Certificate programmes (clerical, catering, retailing, production, service etc) Basic Employee Right & Law • Contract & Common Company Policy • Salary & Reimbursement • Work Safety • Staff Training • Performance Appraisal Information & Technology • Computer Application • Operating Office Equipment • Internet Privacy, Security and Safety • Common Technological Communication Devices • Social Media Functional Academics/ General Knowledge • Language, Reading & Writing • Mathematics • Basic Statistics • Data Management	Careers & Pathways • Self-advocacy • Career Choices & Directions • Future Employability Language & Communication • Conversational skills • Reporting skills • Listening & Processing • Seeking Assistance Social Skills • Social & Interpersonal Development • Teamwork & Collaboration • Emotional Awareness & Interactions • Dealing with: Teasing, Anger, Criticism, Bullying and sexuality in the workplace • Flexibility Organizational Skills • Critical Thinking & Problem Solving • Time Management • Multi-tasking Company Values & Norms • Organization Structure • Responsibility & Integrity • Self-supervision & Initiative • Workplace Behavior, Attendance & Attire • Work Ethics

Hard Skills / Spesifikasi Kemampuan

- Kemampuan sebelum mencari pekerjaan
- Pemahaman akan hak dan kewajiban sebagai karyawan
- Kemampuan mengoperasikan teknologi
- Kemampuan akademik dan pengetahuan umum

Soft Skills / Kemampuan intra-interpersonal

- Pemahaman akan jenjang karier
- Kemampuan dalam bersosialisasi dan komunikasi
- Kemampuan berorganisasi
- Pemahaman akan nilai dan norma dalam organisasi



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Essential Life Skills

Independent Living

- Personal Planning
- Home-living Skills
- Financial Literacy
- Transportation & Community Access

Health & Wellness

- Personal Grooming & Hygiene
- Mental, Emotional and Behavioural Health
- Dining manner
- Food and Nutrition
- Diet and Exercises
- Home & Personal Safety
- Clinic & Medication

Leisure & Recreational Skills

- Value of Leisure and Recreation
- Planning for Leisure and Recreation
- Home & Indoor Activities
- Nature & Outdoor Activities
- Community Activities

Citizenship

- Community Awareness
- Community Participation
- Basic Right and Law of Citizenship

Keterampilan Penting

- Keterampilan hidup mandiri
- Keterampilan menjaga kesehatan dan kebugaran
- Keterampilan dalam menggunakan waktu luang
- Keterampilan dalam memahami identitas diri

Transisi Mulus menuju Kedewasaan

1. Menerima intervensi yang intensif sedini mungkin
2. Perencanaan dini
3. Mempersiapkan tujuan yang mudah dicapai dan bermakna
4. Libatkan individu dengan ASD dalam proses pembuatan tujuan intervensi
5. Ajari hard skills dan soft skills
6. Latihan dalam kehidupan sehari-hari



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