



World Autism Awareness

United States | Canada | United Kingdom | Australia | **Hong Kong** | Korea | Singapore | Philippines | Kuwait | Beijing

4th April 2021

Autism and Education: preparing for adulthood

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15+ Classroom





Adulthood

Transition

Housing

Decision

Social

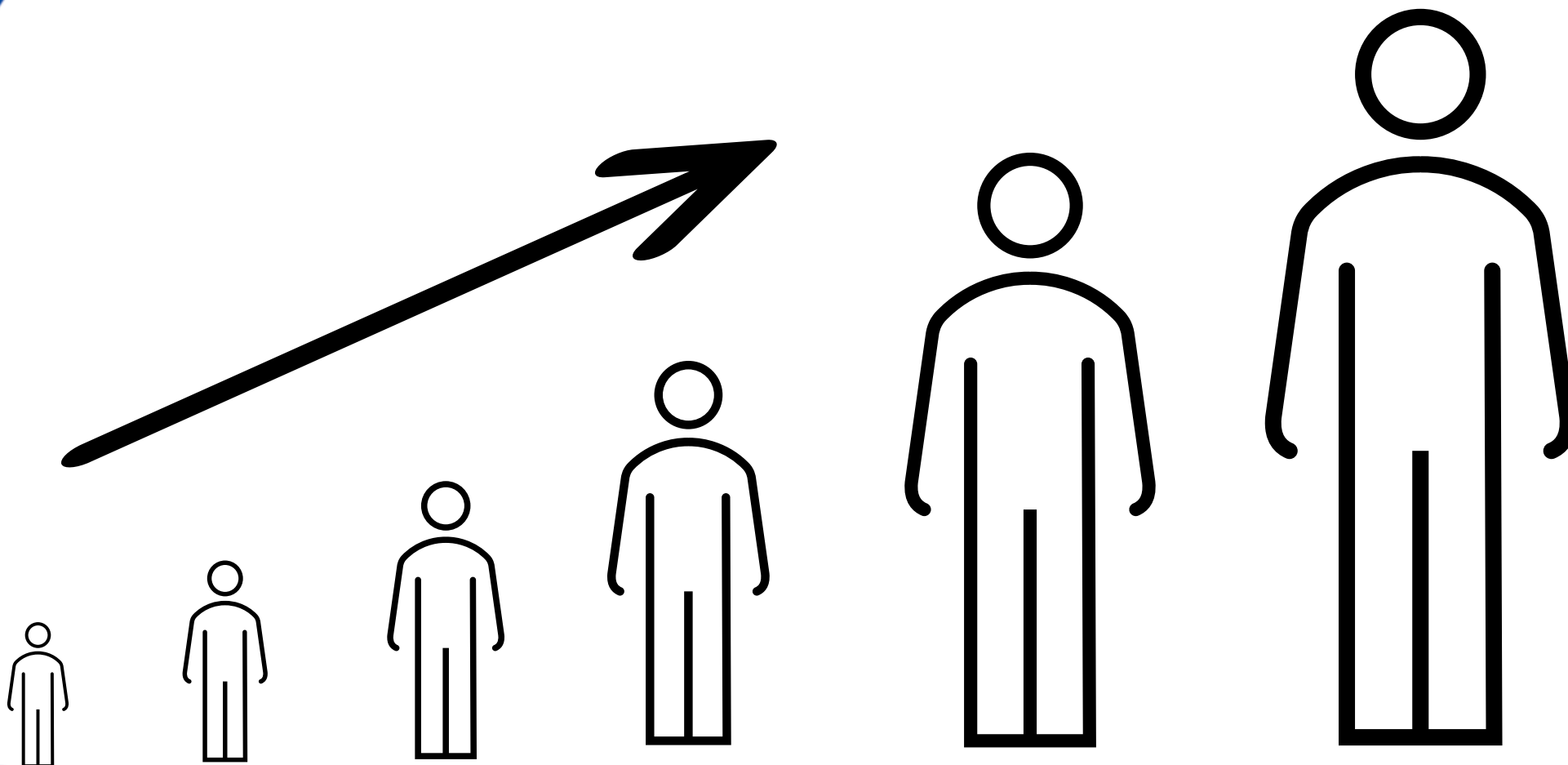
Friends

Weekend
activities

Work

Stress

Adulthood



Survey Result:



1. Independent living skills
2. Social and communication skills
3. Vocational skills

Independent Living Skills



Social & Communication Skills



Vocational Skills



Making a Smooth Transition to Adulthood

1. Receive intensive intervention as early as possible
2. Early planning
3. Set up achievable and meaningful goals
4. Increase involvement of individuals with ASD in the goal setting process
5. Teach both hard and soft skills



API 愛培自閉症基金
Autism Partnership Foundation

Aspire
APF Hong Kong

Hard Skills	Soft skills
Pre-employment Skills <ul style="list-style-type: none"> • Building Portfolio • Job Search & Interview Skills • Project-based learning & Certificate programmes (clerical, catering, retailing, production, service etc) Basic Employee Right & Law <ul style="list-style-type: none"> • Contract & Common Company Policy • Salary & Reimbursement • Work Safety • Staff Training • Performance Appraisal Information & Technology <ul style="list-style-type: none"> • Computer Application • Operating Office Equipment • Internet Privacy, Security and Safety • Common Technological Communication Devices • Social Media Functional Academics/ General Knowledge <ul style="list-style-type: none"> • Language, Reading & Writing • Mathematics • Basic Statistics • Data Management 	Careers & Pathways <ul style="list-style-type: none"> • Self-advocacy • Career Choices & Directions • Future Employability Language & Communication <ul style="list-style-type: none"> • Conversational skills • Reporting skills • Listening & Processing • Seeking Assistance Social Skills <ul style="list-style-type: none"> • Social & Interpersonal Development • Teamwork & Collaboration • Emotional Awareness & Interactions • Dealing with: Teasing, Anger, Criticism, Bullying and sexuality in the workplace • Flexibility Organizational Skills <ul style="list-style-type: none"> • Critical Thinking & Problem Solving • Time Management • Multi-tasking Company Values & Norms <ul style="list-style-type: none"> • Organization Structure • Responsibility & Integrity • Self-supervision & Initiative • Workplace Behavior, Attendance & Attire • Work Ethics



Hard skill



Soft skill



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Essential Life Skills

Independent Living

- Personal Planning
- Home-living Skills
- Financial Literacy
- Transportation & Community Access

Health & Wellness

- Personal Grooming & Hygiene
- Mental, Emotional and Behavioural Health
- Dining manner
- Food and Nutrition
- Diet and Exercises
- Home & Personal Safety
- Clinic & Medication

Leisure & Recreational Skills

- Value of Leisure and Recreation
- Planning for Leisure and Recreation
- Home & Indoor Activities
- Nature & Outdoor Activities
- Community Activities

Citizenship

- Community Awareness
- Community Participation
- Basic Right and Law of Citizenship

Making a Smooth Transition to Adulthood

1. Receive intensive intervention as early as possible
2. Early planning
3. Set up achievable and meaningful goals
4. Increase involvement of individuals with ASD in the goal setting process
5. Teach both hard and soft skills
6. Real life practice

Adulthood



The image features a central word 'Adulthood' in a large, green, stylized font with a blue outline. A person in an orange shirt and dark pants stands on a grey road with white dashed lines, looking towards a horizon. The background consists of green hills, grey mountains, and a bright sun with yellow and green rays. Eight speech bubbles are arranged around the word, each containing a term related to adulthood.

Transition

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